

CAMPUS HERALD

JOHNSON & WALES COLLEGE

Week of January 18, 1988

J&W students get familiar with Italy

One of the duties of a travel agent is to sell potential customers tours of foreign lands. They do this by pointing out sites of interest and by giving the customer an overview of the culture and people of the nation. And most travel agencies feel that their agents can do a better job of this when they speak from personal experience.

To this end, a group of 38 Travel/Tourism interns recently spent a week in Italy getting acquainted first-hand with the sites and people of that nation.

"A common practice in the travel-tourism industry is to send a group of travel agents on familiarization trips to give them first-hand experience with particular nations, and that's what we do

with our travel interns," said Michael Esposito, travel internship director.

"This type of experience helps to supplement what our students learn in the classroom," he added. "Also, while there are subtle differences between the nations of Europe, on a whole they are more similar to each other than they are to the United States."

During their internships, Travel/Tourism majors plan a trip in a classroom setting. They are split up into groups of four or five students and each group selects a destination.

The groups then research their destinations and prepare a manual on that nation. The manual includes information

(continued on page 3)



Shown here in the Piazza San Marco in Venice, this group of Travel/Tourism interns recently visited Italy.

Express registration undergoes slight changes for third trimester

Note: This article is a copy of a letter sent to all students along with their financial statement of account.

Since the beginning of the school year, several small changes have been made to EXPRESS registration in an attempt to further improve on it. However, along with the changes, there has come a certain amount of confusion which this article will help to clear up.

Express registration is simply an opportunity for students to officially register for classes in less than 15 minutes. The problems and long lines normally associated with registrations have been eliminated.

Students do not automatically qualify for express registration; rather, certain criterion must first be satisfied. The criterion is very simple:

1. Either make payment of the current account balance as shown on the enclosed statement OR meet with a financial planner and make arrangements for payment. (Note: If you have made payment arrangements, the total of all future payments agreed to must equal your current account balance. In addition, APPROVED financial aid, including loans not yet credited, may be deducted and please indicate deductions on the statement and return with any required payment.)

AND, if applicable,

2. Confirm with the Financial Aid Office that ALL of your materials, documentation, etc. are in order.

The above steps can be done in person, or over the telephone, but in either case, they must be done prior to the deadline of February 1. Upon satisfying the above criterion, your name will be placed on a master list of students who have qualified for EXPRESS registration. This master list will be distributed throughout the campus on February 10. Then, on February 17, simply report to the Xavier Complex Gym (business students) or the Culinary Arts Academic Center (culinary students) at your convenience and pick-up your schedule card. That's all there is to it.

Please note, however, that no other schedule cards will be distributed at this time. There will be schedule cards available only for those students whose names appear on the express registration qualification list. All other students must then attend regular registration, wait in line, and be cleared by each office individually.

An additional benefit for students in the Business Division is that only those students who picked up schedules at Express registration will be eligible to participate in the schedule change (add/drop) period which follows on February 18 and 19.

Cancellation procedures

Because of the recent storm activity, the Property Management Department would like to take this opportunity to remind students and staff of the College's cancellation procedures.

Any cancellation of classes will now be announced over radio stations WPRO-AM (630), WLKW-FM (101.5) and television station WLNE-TV channel 6.

In addition, there will be an EMERGENCY TELEPHONE ANSWERING MACHINE located in the Property Management Operations Center, and this will give information pertaining to any cancellations. The telephone numbers are (401) 456-4700 and (401) 456-4701.

All administration and staff members will be expected to work if classes are cancelled, unless a "Condition Red" is announced. Then only those that are part of the "Emergency Cadre" will report to work.

Please use these means to obtain information about cancellations, and refrain from calling the switchboard or other college numbers.

The Property Management Department is now located in the Culinary Arts Academic Center.



(Left to right) Professor Demetrio Kazantzis, Bruce E. DeLucia president-Del's Lemonade, Charles E. Greenwood, Jennifer M. Obue and Robert M. Nograd, dean-Culinary division.

Del's Lemonade awards scholarships to two J&W students

Del's Lemonade Inc., a frozen lemonade retailer, has awarded scholarships to two Johnson & Wales students, marking the first time the company has distributed academic scholarships.

Jennifer M. Obue, a second-year Pastry Arts major, and Charles E. Greenwood, a freshman Culinary Arts major, received the scholarships last week from Bruce E. DeLucia, owner and president of Del's Lemonade, Inc.

Obue, the daughter of Patricia and Albert Obue of Manchester, Conn., and Greenwood, the son of Marion and Homer Greenwood of Bartlett, N.H., were

awarded the scholarships based on the quality of their essays and their academic achievements. Also required were two letters of recommendation.

Professor Demetrios Kazantzis and DeLucia formed the selection committee which chose the winners from the entries received.

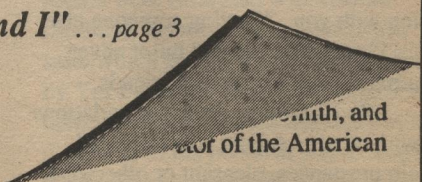
"We are very proud to have students such as you, who know what you want to do with your futures and who have achieved the level of academic success that you have achieved," Kazantzis told the scholarship recipients.

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Government to crack down on loan defaulters

Editor's note: The following article was compiled by the College Press Service.

WASHINGTON, D.C. (CPS) — Colleges and trade schools that allow future student loan default rates to exceed 20 percent could be excluded from all federal grants and assistance, U.S. Secretary of Education William Bennett said at a recent press conference.

The Education Department had announced its intention to deny loans to students at schools where the default rate is high in The Federal Register in late October, 1987.

Defaults in the Guaranteed Student Loan program cost taxpayers more than \$1.6 billion a year and have become "intolerable," Bennett said at the press conference.

"Virtually one-half of the Guaranteed

Student Loan budget goes to default payments," Bennett said. He called it "a disgraceful situation that no one, neither Congress nor the executive branch, intended."

Bennett released a campus-by-campus list of default rates at 7,295 colleges, universities and trade schools for fiscal year 1985. Of the institutions named, 32 percent had default rates greater than 20 percent, including 500 with default rates of more than 50 percent.

Rates vary widely from school to school. In West Virginia, for example, almost half of the loan recipients from West Virginia State College had defaulted, compared to the 9.95 percent default rate for West Virginia University.

Nationally, there are 2.2 million

borrowers defaulting on the loans, worth \$5.63 billion.

The primary responsibility to repay loans rests with former students, but institutions bear a responsibility as well, Bennett said.

But punishing institutions for the irresponsibility of their alumni would punish future students, said Mary Preston of the United States Student Association (USSA).

The government, she said, should review financial aid offices to ensure students are properly counseled before taking out loans. "There should be more grants available," Preston said. "People from low-income families can't always assume large debts to continue their education."

The government should also

establish programs that allow students to participate in community service projects, like the Peace Corps, in return for loan forgiveness," she added.

The cost of student loan defaults has skyrocketed in recent years, largely because of the surge in borrowing on campuses that began in the late 1970's when the government made it easier for students to obtain loans.

The United States Senate has already passed legislation that would penalize institutions with default rates of more than 25 percent. Defaulters are also reported to credit bureaus, and wages are garnished if defaulters are federal employees. The Internal Revenue Service withholds defaulters' tax returns, and private collection agencies are hired to track down defaulters.

J&W hosts DECA state meeting

By Andrea Prestia

Johnson & Wales College hosted a state meeting of the Rhode Island Association of Delta Epsilon Chi at the Culinary Cafe Commons on Monday, January 4. Present were DEX members from the following chapters: Flanagan, Lincoln, CCRI Night and, of course, J&W.

Presided over by State President Corrine Nybo, the meeting covered final plans for our North Atlantic Regional Competitions, which will be held in the Viking Hotel, Newport, RI from February 5 to 7. Included in the discussion was a proposal made by J&W DEX officers for a T-shirt sale to be conducted at the conference. The proposal was accepted as a state event.

Finally, members of J&W DEX would like to thank the Culinary Division for their assistance in making this state meeting a success, and we welcome everyone to a new and exciting year.

Culinary update

Practicum/Spring trimester:

Students who will be participating in practicum during March, 1988 (Spring Trimester) will have a beginning date of Monday, March 7. Please plan accordingly.

Attention:

All students graduating this trimester

Please see Shirley Tomassi in the Culinary Registrar's Office between 9 a.m. and 4 p.m. on Monday or Friday to complete a Graduation Data Form. This form will enable the College to mail your degree properly.

Grades:

There have been numerous computer problems noted while running grades from the first trimester. Because of these problems, there are errors in term/cumulative indexes. These problems are being worked upon. As soon as we can ensure all problems have been corrected, new grade reports will be issued.

A reminder to students whose grades are less than "C" — probation is imposed if your term/cumulative index is below a 2.00. Probation letters to these students and their parents are unable to be sent at this point in time. Students on probation must contact an Academic Counselor.

Six tips for meeting goals:

- Direct your actions. Each day, make a list of the things you plan to do toward your goal. Rate them in order of importance, and get going.
- Know your work cycle. What part of the day do you function best? Work toward your goal during the time your concentration is best.
- Seek group support. A few words of encouragement can really help. For example, if your goal is to exercise, you'll benefit from being in a room of high-energy people to urge you to keep going.
- Avoid time bandits. Interruptions and distractions can derail your progress. Tell family, friends and co-workers how important your goal is to you. Explain that you'd rather be with them, but you have things to do first. Tell them when you'll be finished, and they won't feel abandoned.
- Learn to say no. If less important activities are taking time away from your goal plan, give them up or at least reduce them.
- Recycle your projects. Don't reinvent the wheel: see how much mileage you can get out of a project that took a long time.

Napoleon Hill's

SECRETS FOR SUCCESS

Editor's note: The following article is a reprint of an article which was written by Napoleon Hill. More articles by Napoleon Hill will appear weekly in the Campus Herald during this academic year.

Develop A Pleasing Personality

Your personality is the sample case which shows what you have to offer.

Fortunately, a pleasing personality can be developed by anyone with enough self-discipline to discover one's faults and correct them. When the job is done properly a pleasing personality can become one's greatest asset — because with it one can sell one's way through life on one's own terms.

Franklin D. Roosevelt groomed his personality with such painstaking care that it made him one of our most popular presidents. It served him so well that he sold himself into the presidency for four terms.

President Eisenhower, with his sincere personal warmth, is another example of the heights to which an individual can rise through a pleasing personality.

Your personality consists of the sum total of all those mental and physical traits which distinguish you from all others, for better or worse. It is the most important factor in determining whether you are liked or disliked. It is the medium by which you negotiate your way through life. And it determines your ability to negotiate with others to get their friendly cooperation.

Charles M. Schwab's pleasing personality lifted him from day laborer to a high executive position at a salary of \$75,000 a year, and he often received a bonus of \$1 million. His employer, Andrew Carnegie, said the yearly salary was for the work Schwab performed, but the bonus was for what Schwab, with his pleasing personality, could get others to do.

If you want a "million dollar personality" you can have it if you:

Develop a positive mental attitude and let it be seen and felt by others.

Train your voice to be pleasing by always speaking in a carefully disciplined friendly tone.

Keep your mind alert and be willing to listen to others when they are conversing with you. "Getting someone else told" may feed the ego but it never attracts people or makes friends.

Be flexible in all of your relations with others. Adjust yourself to all circumstances, pleasant or otherwise,

without losing your composure or showing your temper. Remember that silence may be much more effective than your angry words.

Develop patience. Remember that proper timing of your words and acts may give you a big advantage over impatient people. If you are a salesman, perhaps you should read the foregoing sentence two or three times.

Keep an open mind on all subjects and toward all people. Favorable opportunities never break down the doors to closed minds. Intolerance does not lead to wisdom.

Learn to smile when you are speaking to others so that they know you are a friendly person. Franklin D. Roosevelt's "million dollar smile" was his greatest asset.

Be tactful in your speech and manners. Keep in mind that not all thoughts you may have should be expressed, even if they are true.

Be prompt in your decisions after you have all of the necessary facts on which to base them. Remember that procrastination reveals to others a negative trait of character which is somehow associated with fear.

Engage in at least one good deed each day in which you will praise or serve one or more people without expecting reward. Watch how rapidly your list of friends will grow!!!

When you meet defeat, instead of brooding over it, search carefully for that "seed of an equivalent benefit," it is sure to contain. Express your gratitude for having gained a measure of wisdom which would not have come without defeat.

And remember, always, that the person to whom you are speaking, at any given time, is the most important person in the world. You may have his good will by asking him questions and giving HIM a chance to talk.

Praise the good traits of others, but don't rub it on where it is not deserved or spread it too thickly.

Lastly, have someone whom you trust, who has the courage to be honest with you, point out to you traits of personality you could do without.

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J&W students get familiar with Italy

(continued from page 1)

about the people, culture, language and politics of the nation.

The groups then attempt to sell the other members of their class on their destination.

"What the FAM trip does is to bring to life what the students learned in the classroom," said Andre Benyoseph, director practicum/internship education. "It is not enough that they read about how to handle the various problems which arise during a tour; we feel it is important that they actually experience the problems."

"We emphasize hands-on experience with all of our students regardless of their majors and we feel our students are better equipped to handle real life situations because of this," he added.

"For example, if you're a tour guide, you not only have to know about the area you are touring, but you have to know how to deal with the members of your group. We hope that our students learn people skills as well as gain an education about the particular country they visit," he said.

Jodie Berenguer, a second-year Travel/Tourism major, said her participation in the trip, which included stops in Rome, Florence, Milan and Venice, has enhanced her understanding of the travel industry.

"We were each assigned a different responsibility during the tour. I had to find a restaurant which could handle the needs of our group and I feel this

experience has helped me to understand some of the behind the scenes preparations that go into a tour," she said.

Berenguer, who had never been to Italy, said that although the tour was fast paced, she enjoyed her stay.

"We accomplished in seven days what usually would take fourteen. Of the cities we visited, I enjoyed Venice the most. It was great seeing a city built on canals and it was unusual not to see any cars," she explained.

"I was also impressed with the Coliseum in Rome. I had seen pictures of it before but nothing compares with the real thing. I really got the sense that I was in Rome when I saw it," she said.

In recent years, Americans have been doing less travel abroad due to the threat of terrorism, but Berenguer said that the thought seldom crossed her mind.

"We never really thought about it, there were no incidents which caused us concern," she said.

While the threat of terrorism never entered the picture, the group did experience some problems while traveling, including an airport strike and being fogged in.

"We encountered a strike at the airport and because of that we got to learn first hand about the duties of airport personnel. If you can imagine 38 students carrying their own luggage and running around the airport, you can picture what we experienced."



(Left) J&W students relax under the balcony of Romeo and Juliet. (Below) The Vatican.



Frommer to present travel seminars

World-renowned travel writer Arthur Frommer will be in Providence on Saturday, February 6 and Sunday, February 7 to give four seminars on travel at the Providence Marriott. The weekend, presented as "The Arthur of Travel," is cosponsored by The Learning Connection and Donovan Travel of East Greenwich.

Frommer will give four, three-hour talks: "How to Travel Free (or almost free) in the U.S. and Abroad" (Saturday, 9:30 a.m. - 12:30 p.m.), "Preparing for Your European Trip" (Saturday, 2 p.m. - 5 p.m.), "Hot Spots and Best Buys" (Sunday, 9:30 a.m. - 12:30 p.m.) and "Careers in Travel" (Sunday, 2 p.m. to 5 p.m.).

According to Learning Connection director Sally Hooton, "Frommer's appearance with us will be a Rhode Island first. More importantly, it will offer a great chance for both new and seasoned travellers to gain lots of helpful information and advice."

Frommer is generally acknowledged as one of the world's foremost authorities on travel. A travel author, editor and publisher for the last 30 years, he is credited with writing the best-selling hand guide in America, "Europe on \$25 A Day." The Arthur Frommer series of guides now totals 72 titles and covers every major destination in the world. Frommer can be seen regularly on his own cable television program.

Tickets are \$19 for one seminar, \$35 for two, \$49 for three, and \$55 for all four seminars. To register call the Learning Connection at 274-9330. All participants can register to win two round-trip air tickets to any destination in the United States (donated by U.S. Air).

HSMA visits Boston hotels

By Janine Fasone

On a recent HSMA field trip, the group's members were treated to a tour of two hotels in Boston. I toured the Copley Plaza, which is appropriately nicknamed the "Grande Dame of Boston."

The tour began with the "back of the house," or, for those of you who aren't Hospitality majors, it began where all of the work which makes this hotel run smoothly is done. Our group toured the kitchens, offices and other departments of the hotel. Seeing where all of the fine food that the hotel produces and all of the people who make it possible was very interesting.

In addition, the group toured the hotel's beautifully decorated bars, restaurants and banquet and meeting rooms. All were distinctive from one another, though all were lavishly deco-

rated. The versatility of each hall's decor makes it easy to create the desired mood for a wedding reception or party.

The Grandeur of the hotel was exquisite, with the ceilings in the lobby and many of the restaurants being garnished with 24 carat gold leaves.

As part of the tour, our group was allowed to view the many rooms of the hotel, from the standard rooms to the Presidential Suite. Although all of the rooms were furnished with antique furniture, the most impressive was a suite which had been used and decorated by Yul Brenner. Brenner liked to feel at home when he traveled and had the suite decorated to his personal tastes. Seeing the hotel gave us a feeling of excitement about our futures in the hospitality industry.

PPAC to present "The King and I" in Broadway series

The national touring production of "The King and I" brings one of the world's most spectacular musicals to the Providence Performing Arts Center from Friday, January 22 to Sunday, January 24.

Performances are Friday at 8 p.m.; Saturday at 2 p.m. and 8 p.m.; and Sunday at 2 p.m. and 8 p.m. Tickets are on sale now and may be ordered by calling (401) 421-ARTS.

Written by the legendary team of Richard Rogers and Oscar Hammerstein 2nd, this exotic excursion into the rich splendors of the Far East is the story of a widowed Englishwoman (Anna) who goes to Siam (now Thailand) to tutor the many children of the King. Anna finds that the King makes promises — and breaks them as well — as he denies her a house of her own (as previously promised) and insists that she live in the palace with his many wives and children.

The King and Anna make various discoveries about each other's character and a mutual intellectual admiration develops.

The acclaimed score of this timeless, romantic classic includes: "Hello Young Lovers," "Shall We Dance?" "Getting to Know You," "I Whistle a Happy Tune," "Something Wonderful," "I Have Dreamed" and many more.

"The King and I" is based on the book Anna and The King of Siam by Margaret Landon. Audiences have been enthralled by the show's color and splendor and the fascinating clash between the two very different worlds of Anna and the King. It is a show suitable for the entire family.

"The King and I" is part of the Bank of New England-Old Colony Broadway Series 1987/1988.

Tickets range from \$16.50 to \$25.50 and are on sale now. Call 421-ARTS to order now; Master Card and Visa are accepted. Box office hours are Monday - Friday 10 a.m. to 6 p.m. and Saturday, noon to 5 p.m. Tickets are also available at Ticketron locations or by calling Teletron at 1-800-382-8080. For special group rates and information, call Susan Havens at 421-2997.

For updates on the entire Providence Performing Arts Center schedule, call the Talking Phone Book at 831-8100-7687.

**C • A • F • E
C O M M O N S**

Every Friday is staff day.
J&W staffers will be offered a 10% discount on pastry.

Basketball results & schedules

Basketball Standings (as of January 9)

	Wins	Losses	Points
Express II	6	0	12
Sky's The Limit	6	0	12
Unknown Rebels	5	1	10
Staff	4	0	8
Dream Team	4	3	8
Minden Psychos	3	2	6
Swish	3	2	6
Tools II	3	4	6
British Bulldogs	3	4	6
Abusers	2	2	4
Team Load	2	4	4
Stugots	1	2	2
Juice	1	2	2
Fun Bunch	0	3	0
Crankers	0	6	0
*Mama Mia's Maulers	0	0	0
*Matt G's Team A	0	0	0

*Have been suspended from the league due to excessive forfeits.

Schedule:

Monday, January 18
Tools II vs. Minden Psychos
Express II vs. Sky's The Limit
Unknown Rebels vs. Team Load
Tuesday, January 19
Unknown Rebels vs. Mama Mia's Maulers (Forfeit)
Team Load vs. Matt G's Team A (Forfeit)
Tools II vs. Swish
Wednesday, January 20
Minden Psychos vs. Crankers
Express II vs. British Bulldogs
Sky's The Limit vs. Matt G's Team A (Forfeit)

Thursday, January 21
Sky's The Limit vs. Swish
Unknown Rebels vs. Dream Team
Crankers vs. Mama Mia's Maulers (Forfeit)
Friday, January 22
Abusers vs. Fun Bunch
Stugots vs. Juice
Saturday, January 23
Staff vs. Abusers
Express II vs. Juice

All games during the WEEK start at 7:30 p.m.; 8:30 p.m.; and 9:30 p.m. All WEEKEND games start at 10 a.m. and 11 a.m.

Volleyball results & schedules

Volleyball Standings

	W	L
Point Blank	4	0
Quick Set	2	0
Life Signs	3	0
Power House	3	1
Minden Maddogs	2	3
Dad's Set	2	3
East Beasts*	0	0
Brew Crew*	0	0
Carlton House*	0	0

*Suspended from league for excessive number of forfeits.

Schedule
Friday, January 22
Power House vs. Brew Crew (Forfeit)
Brew Crew (Forfeit) vs. Quick Set
Carlton House (Forfeit) vs. Dad's Set
Saturday, January 23
Point Blank vs. Minden Maddogs
Power House vs. Quick Set
East Beasts (Forfeit) vs. Minden Maddogs

All games will be played at 1 p.m.; 2 p.m.; 3 p.m.; and 4 p.m., Fridays and Saturdays only.

Winter/Spring 1988 Schedule of Equine Activities

Intercollegiate Horse Show Association Competitions

March 6 — Yale University (Vacation Week)
April 2 — Smith College
April 10 — Connecticut College
April 16 — University of Connecticut
April 23 — Regionals at Mt. Holyoke College
May 7,8 — Nationals at Luriburg, N.C.

Intercollegiate Dressage and Combined Training Association

April 24 — Johnson & Wales College Two-Phase
May 1 — University of Connecticut Two-Phase

AHSA Dressage Show

May 14,15 — Johnson & Wales College Dressage Show - AHSA recognized at Palmer River Riding Club, Rehoboth, MA

Seminars/Field Trips

Feb. 4 — Centered Riding Lecture with Peggy Cummings
Feb. 14 — Horse Health Seminar-1988
April 8,9 — Annual New York Breeding Farm Field Trip
May 7 — Tufts Veterinary School-Open House

Clinics/Schooling Shows

Feb. 5,6 — Centered Riding Clinic with Peggy Cummings
TBA — Lisa Smith Clinic
Feb. 12 — Winter Student Show, judged by Judy Westlake
April 15 — Spring Student Show

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421-9515

FOR RENT

Student Apartments

- We rent only to J&W students.
- Many of our leases are tri to tri.
- We can match roommates.
- All apartments on RIPTA or J&W busline.
- Many apartments have microwave ovens and ceiling fans.
- We have 1, 2, 3, 4 and 5 bedroom units.
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On Campus

Friday, Feb. 19-Providence Campus
Thursday, Feb. 25-Southern Division

For further information contact
The Placement Office or Write:

Wayne Meschke
Stouffer Restaurants
Corporate Circle,
30050 Chagrin Blvd.
Pepper Pike, OH 44124

Stouffer Restaurants

Equal opportunity employer

College Club

Friday Night Dinner

January 22, 1988

Assorted hot hors d'oeuvres
Cream of broccoli soup
Crisp garden salad
with green goddess dressing

-Shrimp Scampi-
sauteed shrimp in
lemon garlic butter

-Tournedos of Beef-
Filet of beef
wrapped in bacon

-Broiled Sirloin Steak-
with mushroom cap

Chateau potato
Glazed carrots
Black Forest sundae

Dinner served 6:30 to 9 p.m.
Lounge open 6:30 to 11 p.m.
Call 456-1045 for reservations
and further information.

Host: Dennis Sterlacci
Proper dress required.
Remember, no tipping!

THE CAMPUS HERALD

The Herald is published weekly for students, faculty, administration and friends of the College by the College Communications Office.

Editor
John Messak

Graphics Editor
Natalie Pollard

Contributing Writer
Beth Rhodes

Students are encouraged to contribute to the college newspaper by writing articles, sharing story ideas and sending in photographs.

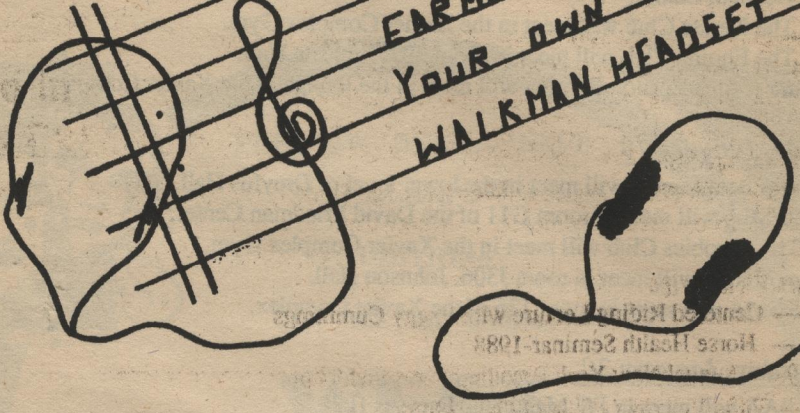
Deadline

All news, stories, ads and photographs must be received by 4:30 p.m. Monday for publication on the following Monday.

All copy must include the hand-written signature of the writer and a phone number where the writer may be reached during the day.

For information, stop by the Communications Office or call 456-1773. We are located on the 5th floor of the PAR Building in Abbott Park Place, Providence, R.I.

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 Office for detailed information ...
 Call 456-1196

J&W Ski Club



Beginners Clinic

**at Hillsgrove
Skating Rink**

**Learn to ski
on roller skates!**

**8 p.m., Tuesday,
January 19th**

**FREE/Members
\$2/Non-members**

Sign up at Student Activities
Office, Plantations Hall
Basement or call 456-1196.



The Johnson & Wales College City Club is celebrating its anniversary next month. Guess what? You and your friends are invited to join in on the festivities. We start celebrating the weekend of February 14th. We have lots of good things planned for you. Watch this space for a complete schedule of events for our anniversary weekend. This type of celebration only happens once a year so don't miss out!

SAA
 STUDENT ALUMNI ASSOCIATION

J&W MASCOT CONTEST FINAL DAYS

**GRAND PRIZE 4 DAY SPRING BREAK CRUISE
TO THE BAHAMAS FOR TWO**



- **ALL ENTRIES DUE BY
JANUARY 28TH**
- **MASCOT MUST BE A UNIVERSAL
REPRESENTATION OF THE
COLLEGE**
- **DOES NOT HAVE TO BE HAND
DRAWN**

ANY QUESTIONS CONTACT SAA 5TH FLOOR PAR BUILDING OR 456-1860

STUDENT ACTIVITIES

Special Events

Santosh Paul has organized an afternoon in India featuring a tea of Poories, Channa, Halva, Jalabis, Gulabjamun, Barfi and Carrot Halva on Sunday, January 24, at 3 p.m. There will also be music. If you have a sari, please wear it. Members \$8, non-members \$12, and students \$5.

Professional photographer Berge Ara Zobian and writer Michael Manoog Kaprielian will present a multi-media production exploring Armenia, the Soviet Union's oldest and most culturally active area on February 7 at 4 p.m. The presentation will be followed by an Armenian Buffet. Please reserve by February 1. Members: \$15, non-members: \$10 and students: \$10.

All these activities will take place at 8 Stimson Ave., Providence. Call the International House of Rhode Island at 421-7181 for more info.

Softball Registration

Men's and Women's Softball rosters are due by 4:30 p.m. on Monday, February 15. Roster forms can be picked up at either the Activities Office in Plantations Hall or the Culinary Gym. 15 players maximum per team.

Raffle Winners

Andre Gaito, president of the Entrepreneurial Club has announced that Joe Grenieri has won the "Liquor Basket Raffle."

Simone Perove has won IFSEA's Gingerbread House Raffle.

(continued on next column)

campus CALENDAR

Monday, January 18

3:30 p.m. The Bowling Club will bowl at Lang's Bowlarama.
6:30 p.m. Life Signs will meet in the Mixology Room at the Culinary Arts Complex, David Friedman Center.
7 p.m. The Karate Club will meet in the Xavier Complex Gym.
7 p.m. The Equine Club will meet in room 302, Johnson Hall.
7:30 p.m. Kappa Epsilon Gamma will meet in the lounge in the Xavier Complex.

Tuesday, January 19

4 p.m. Phi Beta Lamda will meet in the lower level of Dreyfus Hall.
7 p.m. IFSEA will meet in room G11 of the David Friedman Center.
7 p.m. The Aerobics Club will meet in the Xavier Complex Gym.
7:30 p.m. Hillel will meet in room J306, Johnson Hall.
8 p.m. HSMA will meet in room 126 of the Xavier Complex.

Wednesday, January 20

4 p.m. SAA will meet in JW Maxwells, Dreyfus Hall.
4:30 p.m. The Travel Club will meet in room L02 of the Xavier Complex.
7p.m. DECA will meet in the City Club.
7 p.m. The Karate Club will meet in the Xavier Complex Gym.

Thursday, January 21

3:30 p.m. The International Club will meet in room A406, Academic Building.
7 p.m. The Aerobics Club will meet in the Xavier Complex Gym.

Hockey Practices

The Hockey Club has scheduled practices on January 22 and January 29 from 8:15 a.m. to 9:30 a.m. at the Lynch Arena, Dexter St., Pawtucket. Call Chef Coppedge at 456-1130.

Three-On-Three Tournament Deadline Extension

The deadline for entering the first annual Johnson & Wales College Men's and Women's Three-On-Three Basketball Tournament has been extended to February 8 at 4:30 p.m. Rosters are available at either one of the Student Activities Offices. For more information, please call 456-1465 or 456-1194.

Mama Mia's

COCKTAILS & DINNERS

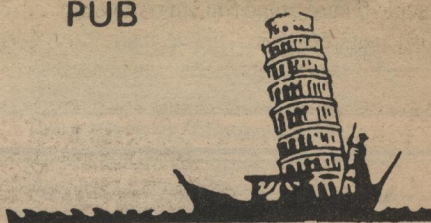
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(includes breakfast)\$399

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Casa de Campa\$459-649

FREEPORT/LUCAYAN

Castaways Resort\$309-319
Lucayan Beach Resort
and Casino\$399-429

GRAND CAYMAN

Ambassador Inn\$479

NASSAU/PARADISE ISLAND

Divi Bahamas Beach
Resort\$349-409
Paradise Paradise Beach
Resort\$399-459

ST. CROIX

Caravelle Hotel\$399-419
Divi St. Croix\$469-549

ST. MAARTEN

PLM St. Tropez\$389-459
Maho Beach Hotel and
Casino\$489-619

ST. THOMAS

Carib Beach\$419-489
Stouffer's Grand Beach
Resort\$579-709

Island vacation include:

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3 days starting at\$395

Prices per person based on double occupancy. Based on Monday-Friday departures from New York, Philadelphia and Pittsburgh.

Subject to availability and some restrictions apply. Island governments require departure tax collection at airport on return.

Call HEARTHSTONE TRAVEL 456-1800 TODAY!



Thurs. Feb. 11-Sun. Feb. 14

Tickets \$9 & \$8
PROVIDENCE
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ALL SAT. & SUN. PERFORMANCES

6 Performances!

THURS., FEB. 11 7:30 P.M. * WLKW / ALMACS FAMILY NIGHT

FRI., FEB. 12 7:30 P.M. ** WNAC WATCH NIGHT

Sat., Feb. 13 Noon & 3:30 p.m.

Sun., Feb. 14 1:00 & 4:00 p.m.

* **WLKW** Family Night

*3 Discount Coupons Available at all



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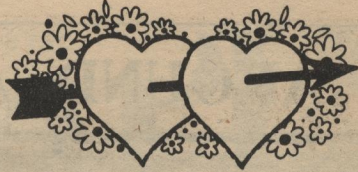
Group Rates:
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General Information
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Tickets Available at the
Civic Center Box Office, all
Ticketron outlets and all
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SESAME STREET LIVE! is a production of JIM HENSON'S SESAME STREET MUPPETS, produced by BOB SHIPSTAD and presented by VEE CORPORATION in cooperation with CHILDREN'S TELEVISION WORKSHOP.

Mark your calendar,
Student Activities presents a
Valentine Dance



Thursday, February 11 at 7:30 p.m. at the J&W Inn
Semi formal dress • Singles welcome • Buffet dinner

Free tickets are available at the Student Activities Office in Plantations and the Culinary Gym. No tickets will be given at the door. Tickets must be picked up by February 8. Look next week for additional information.



THE J&W DRAMA CLUB

announces

AUDITIONS

for the hit musical

WEST SIDE STORY

THIS IS YOUR CHANCE
TO PARTICIPATE IN ONE OF
THE GREATEST AWARD WINNING MUSICALS!!!

AUDITIONS:
Wednesday, January 27th
Anytime between 5-10 p.m.
Xavier Complex Auditorium

(Dress comfortably and bring
music if you have some)

NOTICES

National Restaurant Association Scholarships for 1988-89

Private scholarships, ranging from \$1,000 to full tuition, are being offered by the National Restaurant Association for the 1988-89 academic year. To be eligible a student must: be enrolled in Food Service/Hospitality Management program, have a 3.0 cumulative GPA and demonstrate an interest in Food Service or Hospitality Management through work experiences in the industry. Applications are due by March 1, 1988 and are available in the Financial Aid Office.

American Culinary Federation Scholarships

Applications are available in the Financial Aid Office for ACF Scholarships for the 1988-89 academic year. Also available are applications for the Ray Marshall Interest Free Loan.

Special consideration will be given to applicants who are blood relatives of members of the American Culinary Federation or to applicants who are enrolled in the ACFEI Apprenticeship Program.

The application deadline is June 1, 1988.

International Students Transfer and Graduation Info

International students, who are either graduating or planning to transfer to another college in March, should make arrangements to see Mrs. Lippka, International Student advisor. There are documents that must be completed for the Immigration and Naturalization Service PRIOR to leaving Johnson & Wales College. Call 456-1776 for an appointment or stop by the office located in room 109 of the Xavier Complex.

International Club Trip News

The International Club is planning a trip to Washington, D.C. from April 8 to April 10. The total cost of the trip will be \$180, which includes air fare and hotel accommodations. If you are interested in joining the club, please attend the next meeting which will be held in room 406 of the Academic Center at 3:30 p.m. on Thursday, January 14. The membership fee is only \$5 and all American and International students are welcome to join.

MUSICIANS WANTED

The J&W Drama Club is presenting the musical "West Side Story" during the winter trimester. We are looking for enthusiastic people who would like to participate in the band. This is an exciting opportunity to participate in the most popular Broadway show ever! A wide range of instruments are needed, especially piano and guitar. Anyone interested please contact Jackie Gourd at the Student Activities Office at 456-1196.



GOLD RING SALE

\$60 OFF 18K
\$40 OFF 14K
\$20 OFF 10K



Jostens Gold Sale. For one week only. Order and save on the gold ring of your choice.

DEPOSIT
\$30.00

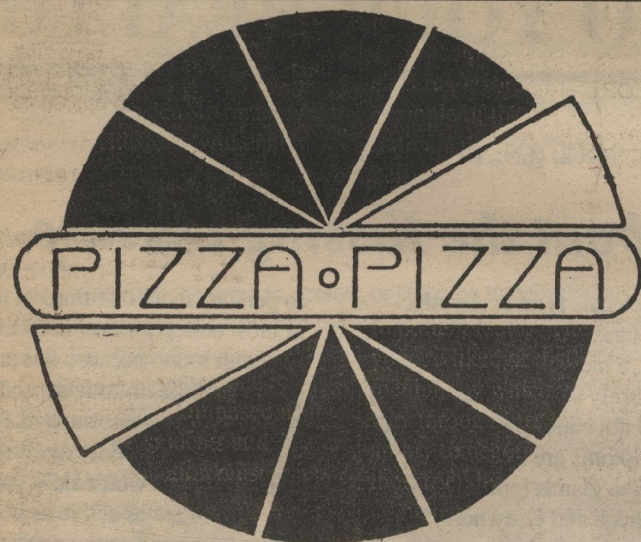
JOSTENS
AMERICA'S COLLEGE RING™

DATES, TIME AND PLACE:

Jan. 18-21, 9:30-2:30, Xavier Lounge

Jan. 18 & 19, 9:30-2:30, Culinary Coffee Shop

87-198(CP-121-88)



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Any Large
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Large Seafood
Pizza

Expires Jan. 30, 1988
Not Valid in Combination With
Any Other Offer.

CAREER DEVELOPMENT NEWS

On-Campus Recruiting

This week's schedule of Mandatory On-Campus Recruiting Orientations:

Wednesday, January 20

10:20 a.m. Xavier Complex Auditorium

10:45 a.m. Student Services Complex Gym

12:45 p.m. Student Services Complex Gym

3 p.m. Xavier Complex Auditorium

6:15 p.m. Career Development Office, 2nd Floor, Student Services Complex

7 p.m. Xavier Complex Gym

Food Service/Hospitality Students:

There are still excellent interviewing slots available on schedule for B.S. degree and A.S. degree candidates. Now that the initial sign-up process is over, all graduating students are still welcome to come to the Career Development Office to sign-up for more interviews.

General Business Students:

The On-Campus Recruiting Schedule for Business students is available in the Career Development and Dean's Offices. Sign-up is every day, Monday - Friday, 8:30 a.m. to 4:30 p.m., in the downtown Career Development Office. In addition to the companies recruiting on-campus this spring, there are hundreds of nationwide corporate listings available for students interested in applying for jobs on their own. Please take advantage of the many resources available to you as you begin your job search.

Co-op News

Hospitality Students:

Many new Co-op opportunities are now available for Hospitality majors for the Spring trimester for next year. Please find out about the new opportunities available to you by visiting the Career Development Office at the Student Services Complex.

General Business Co-op

An informational seminar for general business students interested in Co-op will be held on January 18 at 3 p.m. in the Xavier Complex Auditorium. All students are welcome to attend to learn about the eligibility requirements, the application process and available sites.

Current and recent past participants will speak about their Co-op experiences and will be available to answer questions.

TO YOUR HEALTH

By Wendy B. Speck, R.N., Health Services Staff

All About the Kissing Disease

Mononucleosis is an acute infectious disease caused by the Epstein-Barr Virus (EBV), a member of the herpes group. It is rarely severe or serious and hence should not cause panic. The most common symptoms are sore throat, fatigue, swollen glands (enlarged lymph nodes in the neck and elsewhere) and fever. Some-times the spleen and liver are also enlarged.

The virus is spread through oral secretions hence the nickname the "kissing disease."

Studies have shown though, that susceptible roommates of mono-sufferers RARELY acquire the disease because the virus is an agent of low contagiousness. The majority of cases are passed on through intimate contact. Once an individual has had mono there is a permanent protection against becoming infected again.

Having a blood test "mono spot" can confirm the presence of the Epstein-Barr Virus. Sometimes the virus doesn't show positive in the blood during the first week and a repeated test can then confirm the diagnosis.

Since viruses are not susceptible to antibiotics they are not used unless there is present a secondary infection, such as strep throat.

Length of illness varies from person

to person; about one-third of the students at most colleges never need to stay in bed with mono because it is so mild. If you have little or no fever and feel like being up, this is encouraged.

Moderate activity as allowed by your physician won't slow your recovery. If you are as active as your physician advises and as your personal feelings of strength permit, you'll probably recover a little faster. Each person will vary in the amount of rest necessary for recovery.

Because an enlarged spleen may occur in about one-half of the patients, contact sports and/or strenuous activities should be avoided. This will guard against splenic rupture.

Tylenol can be taken for fever, sore throat and bodyaches and increasing your intake of fluids may also lessen your fever.

If you have any of the symptoms described above and you think you might have mono, don't panic or self-diagnose. Seek a diagnosis through your Health Services Department or local physician.

Further information and brochures are available through the Culinary Nurse's Office (Student Center) and the McNulty Nurse's Office.

AROUND AND ABOUT

Friday, January 22 to Sunday, January 24

The Providence Performing Arts Center presents the musical "The King and I." The times of the shows varies, as do the ticket prices. Call 421-Arts for more information.

Thursday, January 28, 9 p.m.

Eek-A-Mouse will perform their reggae music at Lupo's Heartbreak Hotel. Tickets are available at the door. Positive ID required.

Saturday, January 23, 9 p.m.

The Walters will perform at Rocket. Tickets available at the door. Positive ID required.

Monday, February 1, 9 p.m.

Toots and the Maytalls will perform at Lupo's Heartbreak Hotel. Tickets are available at the door. Positive ID required.

Monday, February 1, 9 p.m.

Recording artists Gene Loves Jezebel, led by the Alston Twins, will perform an all ages show at the Livingroom. Recording artists "Flesh For Lulu" will open. Tickets for the show are \$8 and are available at the door.

CLASSIFIEDS

FOR SALE-1977 Chevy Nova less than 60,000 mi. Price negotiable. Call 456-1703.

FOR RENT-4 bedroom apt., local Providence area. Available immediately. 861-3700.

ROOMS FOR RENT-Large house off Hope Street. Kitchen, dining room, living room, fully furnished, washer/dryer, dishwasher, garbage disposal and parking. 3 rooms available. \$175 per month. Call 421-0809.

MAGNIFICENTLY renovated apartments throughout Providence from \$350-\$500 per month. 2-3 bdr. 849-9628.

1976 VW BUG-runs great, AM/FM cass. Must see. Best offer. 397-5580 after 5.

FOR RENT-three 5-room apts. 2 bedrooms each. On busline, great area. Available now. \$425-\$450/mo. Call Jerry 751-7670.

Chris Gibbons is our role model!! - Todd, Gary and Steve.

ROOMMATE WANTED-Male or female, 8 room house. East side-safe. Parking, washer, dryer. Available Feb.-June. \$175/mo. & utilities. Call 272-7049.

CREDIT INTERNSHIP-WPRI-TV Channel 12 marketing dept. Applicant will assist in the production of television, radio and print advertising. Contact Karen Messier, Marketing Associate, WPRI-TV, 25 Catamore Blvd., E. Prov., RI 02914.

STEREO EQUIP. FOR SALE-Amp, preamp, tuner, turntable & cass. Info call 273-4263.

SKI EQUIPMENT FOR SALE-2 sets skis 195cm, 160 cm & more. Info call 273-4263.

FOR RENT-2-3 bedroom apts. Minutes from downtown. Very clean and all J&W students. \$400/mo.-immediate occupancy. Call Jerry 751-7670

CLASSIFIED AD FORM

Classified ads are accepted only on this form. The charge per classified ad is \$1 for J&W students, faculty and staff; \$5 for all other advertisers. Ads may be placed for more than 1 week at a time. Payment in cash or check payable to Johnson & Wales College is required with your advertising order. All advertising is subject to the publisher's approval.

Ads may be submitted in person to *The Campus Herald* Office, 5th Floor, PAR Building, 274 Weybosset Street in downtown Providence or mailed to *The Campus Herald*, Johnson & Wales College, Abbott Park Place, Providence, RI 02903. No phone orders please. Deadline is Monday 4:30 p.m. for publication on the following Monday.

Name _____

Phone _____ No. of weeks to run _____ Total enclosed _____

Use one box for each letter, comma or period. Leave one blank box between words.